

NZ SPORTS MEDICINE AND SCIENCE CONFERENCE 2010

18-20 November, Duxton Hotel, Wellington

WELCOME

The 2010 NZ Sports Medicine and Science Conference will combine the annual meetings of Sports Medicine New Zealand and Sport and Exercise Science New Zealand. These two organisations invite members and other interested parties to attend this meeting to be held in Wellington from Thursday, 18 November until Saturday, 20 November at the Duxton Hotel.

The scientific programme will commence at 9 am on Thursday, 18 November and will conclude at approximately 4 pm on Saturday, 20 November. A multi-disciplinary programme will be held Thursday/Friday and a specialist day for sports physicians/doctors and sports physiotherapists will be held on the Saturday.

The Registration Reception to welcome all delegates will be held in the Trade Exhibition Hall on Thursday, 18 November commencing at 6 pm. The main social event will be in the form of a dinner to be held on the Friday evening. The event will be optional for all delegates.

KEYNOTE/INVITED SPEAKERS

Medicine

DR CHRIS BRADSHAW, MB BS, RACGP/ASMF Diploma of Sports Med, FACSP, FACSM

Dr Bradshaw was made a Fellow of the Australasian College of Sports Physicians in 1992. From 1987 until 2004 he was based at Olympic Park Sports Medicine Centre, as a partner from 1989-2004 and holding the position of Chairman of Board of Directors. In 2004 he was Sports Physician at Pure Sports Medicine and in 2006 he returned to Australia to run a small private practice in Geelong and head up the Geelong Football Club medical team with premierships in 2007 and 2009.

He has published an inventory of consecutive cases of groin pain presenting to a private practice (whilst in the UK), published in the British Journal of Sports Medicine. He has re-joined the ACSP Board of Censors, having served on the board from 1997-2000, and also sits on the ACSP Board of Examiners.

Dr Bradshaw's recent team positions include; Team Doctor Fulham Premier League Football Club, Sports Physician to Leicester Tigers rugby club, Sports Medicine Consultant to Bath Rugby Club, the Indian Cricket Team and Surrey, Hampshire and Derbyshire Cricket Counties.

DR KARIM KHAN, MBBS, PhD, FACSP, DipSportsMed (CASM), FACSM

Professor Khan is an Australian-trained clinician-scientist based at the University of British Columbia in Vancouver, Canada. He combines an active clinical sports medicine practice with a prolific research programme related to tendinopathies, bone health, and exercise prescription for health.

Among his over 200 co-authored publications, he has contributed to two highly regarded textbooks – Physical Activity and Bone Health and Clinical Sports Medicine.

Physiotherapy

DR TIM UHL, PhD, ATC, PT

Dr Uhl is an Assistant Professor and Director of Research for the Division of Graduate Athletic Training in the College of Allied Health Professions at the University of Kentucky. He is an NATABOC certified athletic trainer and a licensed physical therapist. Dr Uhl received his Bachelor in Physical Therapy from the University of Kentucky in 1985 and his Master of Science in Kinesiology from the University of Michigan in 1992. In 1998 he completed his Doctor of Philosophy in education at the University of Virginia with a focus in sports medicine.

Dr Uhl's research has primarily concentrated on evaluation/rehabilitation of shoulder injuries. He has published and presented on a variety of sports medicine topics. Dr Uhl has worked in various capacities as a physical therapist and athletic trainer at the Lexington Sports Medicine Centre, Transylvania University, and the Human Performance and Rehabilitation Centre in Columbus, Georgia.

Sport and Exercise Science

ASSOC PROF MARTIN THOMPSON MSc, PhD

Assoc Prof Thompson is from the University of Sydney and is a graduate of Loughborough (MSc) and the University of London (PhD). He has run over 170 marathons and at one point held the second fastest time in the world over 24 hours. A/Prof Thompson has recently retired from the University of Sydney's Faculty of Health Sciences where he was the Pro-Dean. His research interests have included (not surprisingly) the physiological response to prolonged exercise, eccentric exercise-induced muscle damage, and the thermoregulatory response to endurance exercise. More recently, he has worked with colleagues in Malaysia and Iran to assist in the development of research capability in institutions there; work he continues.

PROF ERIC HOFFMAN PhD

Prof Hoffman, PhD, from the National Medical Centre in Washington DC, is a world-renowned human geneticist, who is the director of the Research Center for Genetic Medicine, and James Clark Professor of Pediatrics at Children's National Medical Center in Washington, DC. He has one of the largest and most diverse portfolios of research and foundation funding world-wide, with nearly \$9 million per year in support on topics ranging from muscular dystrophy, ALS, spinal cord trauma, exercise studies, and metabolic syndrome. One of his famous discoveries was the gene for Duchennes muscular dystrophy. However, recently he is publishing in epigenetics and systems biology of muscle adaptation to exercise.

DR NICHOLAS GANT

Dr Nick Gant from the University of Auckland, has received lots of International attention after his current research was featured in New Scientist. Dr Gant has recently been invited to present his research findings in the UK and US on his novel investigations utilising transcranial magnetic stimulation to study motor cortex activity and muscle activation following CHO mouth-rinsing suggesting the presence of CHO sensors in the mouth.

DR LYNNETE JONES

Dr Jones' is from the University of Otago and her research interests include the study of obesity and metabolic changes in the overweight/obese population, using various biochemical analyses of metabolic pathways in skeletal muscle and adipose tissues. Other research activities and interests encompass carbohydrate and lipid metabolism in women during aquatic and land-based exercise; exercise and bone metabolism; and exercise programming for special populations. Most notably, of late, Dr Jones has been instrumental in developing the 'Beyond Pink' exercise programme examining the effects of individually programmed exercise routines on breast cancer patients. The programme of research is gathering empirical data to support the anecdotal evidence that exercise and physical activity assist in the reduction of cancer recurrence and the rate of cancer-related death as well as the reduction in co-morbidities associated with weight gain.

KEY DATES

Call for Abstracts	Now open - see Abstract Submission below.
Abstract Closing	Friday, 6 August. Submitters to be advised by Friday, 20 August.
Registration	Now available.
Earlybird Registration	5 pm, Monday, 27 September

ABSTRACT SUBMISSION

Please see "2010 SMSC Author Instructions.pdf".

TRADE EXHIBITION

A trade exhibition will be held during the conference. As at 1 July, the following trades are confirmed:

**FRUCOR BEVERAGES LTD
MD SOLUTIONS NZ LTD
OBEX MEDICAL LTD
ST JOHN
USL MEDICAL LTD**

For details regarding trade stands along with a plan of the exhibition, please see the Trade Return Form and Trade Plan documents.

REGISTRATION

Registration is now available and the form is be downloadable from this website.

VENUE/DESTINATION

The Duxton Hotel is centrally located in the heart of Wellington's CBD, cultural and entertainment district and within easy walking distance of shops, museums/galleries and cafes/restaurants.

ACCOMMODATION

A block booking has been made at the conference hotel for those delegates wishing to stay at the venue. The room rate and hotel contact details will be included on the registration form. Delegates will be required to book directly with the hotel.

For further information regarding the conference please contact:
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